

Sample weekly schedule in Cologne – Intensive Course 30*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:45 - 08:15			Breakfast				Breakfast
08:30 - 10:00			Lessons				breaktast
10:00 – 10:30			Break				Room cleanup time
10:30 – 12:00	Lessons						
12:00 – 12:15			Break			Bicycle tour	
12:15 – 13:00			Lessons		Weekly test	Excursion (packed lunch)	
13:00 – 13:30	Lunch					Dortmund with a visit to the DFB Museum	Lunch
14:15 – 15:00	Lessons Spotlight Cologne: Visit to the Cologne Cathedral	Lessons	Excursion Visit to the Chocolate Museum	Lessons	Sports Olympics	and leisure time in Westfalenpark	Sports, games & relaxation in the Rhine Park
15:00 – 15:45							
16:00 – 18:00		Yoga in the park		City walk**			
18:00 – 19:00	Dinner			Dinner			Dinner
19:00 – 20:00	Homework		Dinner	Homework		Dinner	Homework
20:00 – 21:00	Community evening: Photo safari in the city center	Creative workshop: Painting T-shirts	Homework	Spotlight Cologne: Cable car ride across the Rhine	Karaoke evening	Student wish of the week: Casino evening	Quiz evening
21:00 – 22:30			Games evening: Werewolf				
22:30			Night rest				Night rest
23:30	Night rest						

^{*} Leisure activities vary each week, i.e. there is no standardized leisure program. Activities depend on the interests of our students as well as the weather conditions. Usually, our students can choose from a parallel range of sports, creative and social activities during daily activities.

^{**} During the city walk, our students can go into the city in small groups, unaccompanied by a team of supervisors, with signing out and signing in. A city walk can be scheduled once or twice a week.