



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:30 – 08:15	Breakfast						Brunch
08:30 – 10:00	Lessons					Excursion (packed lunch)	
10:00 – 10:30	Break						
10:30 – 12:00	Lessons						
12:00 – 12:15	Break						
12:15 – 13:00	Lessons						
13:00 – 14:00	Lunch					Innsbruck with a visit to the Swarovski Crystal Worlds	
14:00 – 15:00	Ice skating in Lindenberg	City walk** with interactive city rally	Excursion Scheidegg with a visit to the Waldwelt Skywalk Allgäu park	Creative workshop: Building birdhouses and insect hotels	City walk**		Room cleanup time
15:00 – 16:00		Hip-hop workshop			Baking cinnamon rolls in the community kitchen		Water polo in the indoor swimming pool
16:00 – 17:00							
17:00 – 18:00							
18:00 – 19:00	Dinner		Homework	Dinner			
19:00 – 20:00	Homework			Dinner	Homework	Homework	
20:00 – 21:00	Community evening: Torchlight hike and treasure hunt		Homework	Basketball in the gym	2000s party with talent show in the school disco	Student wish of the week: Movie night with popcorn in the cinema	Games evening: Werewolf
21:00 – 21:30			Upcycling workshop: Glass jar lanterns				
21:30	Night rest				Night rest		Night rest
22:30	Night rest						

* Leisure activities vary each week, i.e. there is no standardized leisure program. Activities depend on the interests of our students as well as the weather conditions. Usually, our students can choose from a parallel range of sports, creative and social activities during daily activities.

** The city walk is accompanied by our team of supervisors.