

Sample weekly schedule (winter) in Lindenberg – Intensive Course 30*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:30 - 08:15	Breakfast						
08:30 - 10:00			Lessons				
10:00 – 10:30	Break						
10:30 – 12:00	Lessons						
12:00 – 12:15			Break			Excursion (packed lunch)	Brunch
12:15 – 13:00			Lessons		Weekly test		
13:00 – 14:00	Lunch					Innsbruck with a visit to the Swarovski	
14:00 – 14:45	Lessons	Lessons		Lessons		Crystal Worlds	Room cleanup time
14:45 – 15:30		Lessons	Excursion	Lessons	City walk**		
16:00 – 18:00	Ice skating in Lindenberg	City walk**	Scheidegg with a visit to the Waldwelt Skywalk Allgäu park	Basketball in the gym	City Walk		Zombie ball in the gym
18:00 – 19:00	Dinner			Di		nner	
19:00 – 20:00	Homework		Dinner	Homework			Homework
20:00 – 21:00	Community evening: Torchlight hike and campfire	Baking brownies in the community kitchen	Homework		Pajama party in the school disco	Student wish of the week: Movie night with homemade popcorn	Table football, table tennis and billiards in the leisure hall
21:00 – 23:00			Relaxation evening with indoor swimming pool and sauna	Upcycling workshop in the arts and crafts room			
23:00			Night rest				Night rest
00:00	Night rest						

^{*} Leisure activities vary each week, i.e. there is no standardized leisure program. Activities depend on the interests of our students as well as the weather conditions. Usually, our students can choose from a parallel range of sports, creative and social activities during daily activities.

^{**} In small groups with signing out and signing in.